



**WASHINGTON** II  
— G • A • M • E • S —

# WASHINGTON GAMES

AND

## WASHINGTON BIATHLON

PRESENT

### SUMMER BIATHLON



Race #2 in the 2009 Summer Biathlon  
WASHINGTON CUP SERIES

## Individual Format

**July 18, 2009**

at the

**Seattle Police Athletic Association**

11030 East Marginal Way South, Tukwila, WA



**Washington Games / Washington Biathlon**  
**Summer Biathlon Race Entry Form**  
July 18, 2009

(Please print clearly)

NAME \_\_\_\_\_ DOB/AGE \_\_\_\_\_ / \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-MAIL \_\_\_\_\_

Due to insurance coverage and sanctioning regulations membership in the United States Biathlon Association is required for all participants. Annual (\$50) and day (\$10) memberships will be available at the site. Note: We are not able/equipped to take credit or debit cards.

ENTRY FEE (\$35) \$ \_\_\_\_\_

WBA Member Discount (Join the WBA... it pays!) - \$ 5.00 \_\_\_\_\_ (To join WBA, please fill out an application form.)

WBA Membership (Optional \$25/year 11-01 to 10- 31) \$ \_\_\_\_\_

USBA Member Number \_\_\_\_\_ (must show card) - \$ 10.00 \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

Please Circle:                      Male                      Female

Please make checks payable to:

**Washington Biathlon Association**  
PO Box 1716  
Issaquah, WA 98027-0069

Pre Competiton Training: A U.S. Biathlon Association Safety Class is required to compete in this event. The WBA will provide U.S. Biathlon Safety Classes several times prior to this event. In addition the WBA will give one-day Biathlon Orientation Clinics (which include the Safety Class) prior to this competition. Visit **www.wabiathlon.org** for more information.

**Season Points:**

For the 2009 Summer Biathlon Season, the International Biathlon Union race points system will be in effect. Points a competitor receives from each of the competitions will be totaled at the end of the September race and the male and female biathletes with the most points will be named WASHINGTON CUP 2009 Summer Biathlon Champions. See [www.wabiathlon.org](http://www.wabiathlon.org) for dates and times of the competitions

**WASHINGTON GAMES II and WASHINGTON BIATHLON ASSOCIATION**  
**WAIVER AND RELEASE OF LIABILITY**  
**PLEASE READ BEFORE SIGNING**

In consideration of being allowed to participate in the Washington Games athletic/sports program, related events and activities, I, \_\_\_\_\_, the undersigned acknowledge, appreciate and agree that: participants name

1. The risk of injury from the activities involved in this program is significant, including the potential for injury, damage to property, permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce risk, the risk of serious injury does exist. I recognize that biathlon, running and rifle marksmanship can be extremely hazardous. I acknowledge there are risks and hazards associated with involvement in the Washington Biathlon Association. I state that I am, and those minors that I sign for are in proper physical condition to participate in strenuous activity, and;

2. I knowingly and freely assume all such risks, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation. I acknowledge and accept the risks associated with shooting and running, and;

3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and

4. I, for myself and on behalf of my heirs, assigns, personal representative and next of kin, hereby release and hold harmless the Evergreen State Amateur Athletic Council, the Washington Biathlon Association, the Seattle Police Athletic Association and the United States Biathlon Association, their officers, officials, agents and/or employees, other participants, sponsoring agencies, event venues/facilities, advertisers and if applicable, owners and lessors of premises used to conduct the event (releasees) with respect to any and all injury, disability, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise, and;

5. I recognize that Biathlon involves the use of firearms and I certify that I am not disabled or barred from using or possessing firearms by any state or federal law or by ruling of any court or by any order of any court.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND, I SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

\_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
Participant Signature

FOR PARTICIPANTS OF MINORITY AGE (Under the age of 18 at the time of registration)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin. I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

\_\_\_\_\_ Date Signed: \_\_\_\_\_  
Parent/Guardian Signature

## COMPETITION PARTICULARS:

**Competition Site:** The Seattle Police Athletic Association (SPAA) is located at 11030 East Marginal Way S, Seattle, WA. It is south of Boeing Field a few blocks south of the Boeing Access Rd. From I-5 take Exit 158 and go west to East Marginal Way S then south underneath the light rail tracks. Look for the SPAA, Seattle Jaycees Bingo sign on the left.

**Eligibility:** WBA races are open to all members of the United States Biathlon Association, age 7 and older, who have completed a USBA Rifle Safety Certification Course. One-day USBA memberships are available at the site.

**Volunteers:** Volunteers are always needed. Please contact Race Director Bob Vallor at (206) 255-7588 or e-mail [bob.vallor@wabiathlon.org](mailto:bob.vallor@wabiathlon.org) if you can help. Volunteering is not difficult and is a great way to get to see the competition up close and to get to know the sport.

**Safety Certification:** There will be a safety certification course given at 8:00 am at the race site as well as at WBA Newcomer Clinics scheduled prior to this competition. Please contact WBA or the race director in advance if you need take this required course. Safety Certification by a U.S. Biathlon Certifier / Official is required prior to participation in and Biathlon competition.

### Race Day Format and Schedule

Saturday will be a modified Individual format race: men's 7km and women's 4km with four shooting bouts.

- 9:00 to 9:30 am: On site registration at the Range (pre-registering by mail is also available and encouraged) Sorry we cannot accept credit or debit cards. Make checks out to Washington Biathlon Association
- 10:00 to 10:15 am: Equipment Check – all competitors must go through equipment check
- 10:15 to 11:00 am: Zero - Rifle sight
- 11:15 am: Race time – Mass Start (Several heat start times may be posted, depending on numbers)

**When to Arrive at the Range:** Early arrival at the range is encouraged as help with range and course set-up that will be needed prior to zero. Please do your part and help with set-up before the race and breakdown after the race. Awards and prize raffles take place at the race site after breakdown is completed. We generally do not get done until 2:30 to 3:00 pm.

**Rifles:** Pool rifles will be available for novices and those without their own. These are either Mossberg 44 biathlon compatible rifles, Izhmash biathlon rifles or Anschutz Impala biathlon rifles available for use. We only have a limited number of rifles to loan. Contact the race director well in advance of the event if you need to borrow a club rifle: [bob.vallor@wabiathlon.org](mailto:bob.vallor@wabiathlon.org) or (425) 427-8841.

**Lodging:** The nearest lodging is along International Blvd. near SeaTac International Airport, about five miles south from the race site.

**WASHINGTON CUP Series Points:** This is the second competition of the 2009 Summer Biathlon Series. Biathlon Competition Series Points are awarded based on finish position. After the September Competition, points will be totaled and the senior male, senior female, junior male, junior female, youth boys and youth girls biathletes with the most points will be named Washington Cup 2008 Champions. The IBU International Point System will be used. (1st place=50 pts, 2nd=46, 3rd=43, 4th=40, 5th=37, 6th=34, 7th thru 15<sup>th</sup> decreases by two from 32, 16th thru 30th decreases by one).