



2010 KING5 Male Athlete of the Year Award

Nels Schimek has only been involved in competitive sports for a couple of years, but he has already managed to establish himself as a team leader and a star athlete. And his talents span several sports; he spends time throughout the year playing football, golf, tennis, track and field, cross country, and ultimate frisbee.

With his attention spread across such a wide range of sports, one might not expect Nels to excel in any one area. Nels won three medals in the SUBWAY® Washington Games this summer in ultimate Frisbee. He just finished the 6th grade and has already competed at the national level, traveling to the AAU Junior Olympics this August to compete in the javelin and 800 meter run. He also qualified for the 400 meter and 1500 meter runs, all in his first year of track and field competition.

While it is obvious that Nels has impressive athletic ability, an even more impressive quality is his leadership. Several of Nels' coaches have commented on his maturity and ability to lead his team during competition. While he is a fierce competitor, Nels never loses his focus. His composure earned him the privilege of being co-captain of his middle school ultimate frisbee team for the past two years, even though he was one of the youngest students on the team. Nels uses practice time to learn and improve, always trying to take his game to the next level. His coaches describe him as "polite, focused, and intelligent. Just the type of athlete you love to have on your team."

As one might expect, Nels excels in non-athletic endeavors as well. He is a star math student, plays the cello, and loves reading all sorts of books, from fantasy novels to National Geographic. He is very social and curious, always looking for his next adventure. It is an honor for the SUBWAY® Washington Games to present Nels Schimek with the 2010 KING5 Male Athlete of the Year Award!